

Salsa - My Favorite Salsa

Thom Hackett

Yield: 3 Cups



I also like this salsa with a bowl of pinto or great northern beans and a piece of buttermilk cornbread. Now that is real good country eating.

Ingredients

4 large tomatoes or 6 Roma's
1 red pepper
1 jalapeno
1 onion
1 clove fresh garlic
1 bunch fresh cilantro
½ teaspoon sugar or Splenda
½ fresh lime
salt and pepper to taste

Cooking Method

Combine all ingredients in a food chopper or chop by hand into small pieces.

Squeeze ½ lime by hand into finished salsa.

Let chill for a couple of hours so that flavors can really come together.

Serve with chips. Very yummy - good for you - and fat free.

Recipe from Thom Hackett's Recipe File at www.thomcooks.com