

# Large Chef Salad

*Thom Hackett*

Serves: 1



## Ingredients

### Dressing

romaine lettuce, several large leaves  
¼ head lettuce, shredded  
¼ cup red cabbage, shredded  
¼ cup carrot, shredded  
1 ounce Swiss cheese, cut into narrow strips  
1 ounce turkey or chicken, white meat  
spinach leaves, few  
1 boiled eggs, quartered  
1 tomato, quartered  
1 slice green pepper  
freshly ground black pepper

## Cooking Method

Toss all ingredients into a bowl and add 2 Tablespoons of dressing.